

James  
5:13-18

# Who Cares? God Does!







- I. God Cares About Your Emotional Needs (13)**
- II. God Cares About Your Physical Needs (14-15)**
- III. God Cares About Your Spiritual Needs (16)**
- IV. God Cares About What Matters to You (17-18)**





# I. God Cares About Your Emotional Needs

**A. Is Any Among You in Trouble (Afflicted)?**

**B. Is Any Among You Cheerful?**

**Afflicted: to suffer physical pain,  
hardship and distress.**



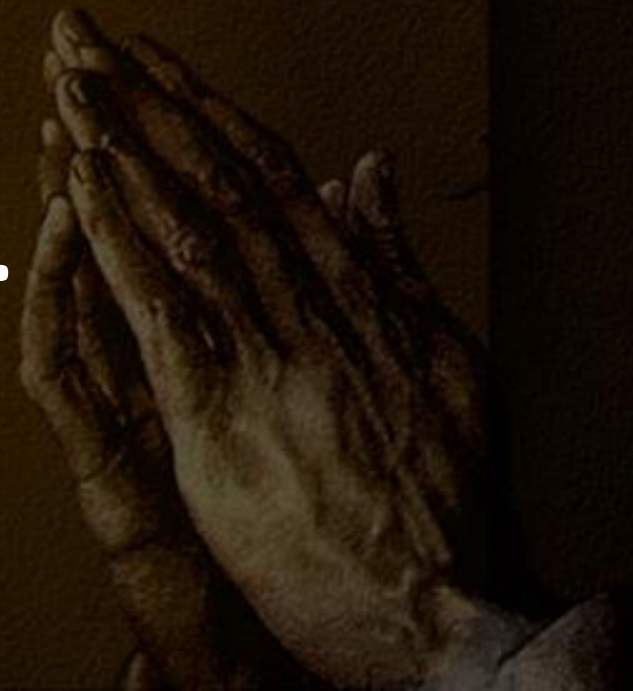
- **75-80%** of all visits to a primary care physician is stress related.
- **75%** of adults reported experiencing moderate to high levels of stress in the past month and nearly half reported that their stress has increased in the past year.
- Approximately **1 out of 75** people may experience panic disorder.
- **Stress is a top health concern for U.S. teens between 9th and 12th grade**, psychologists say that if they don't learn healthy ways to manage that stress now, it could have serious long-term health implications.
- **80%** of workers feel stress on the job and nearly half say they need help in learning how to manage stress. And 42% say their co-workers need such help.
- **Depression** is among the leading causes of disability worldwide.



- **36%** of all adults cited either their own or a friend/relative's long-term health condition as a factor. This rose to 44% of adults over 55.
- **22%** cited debt as a stressor.
- **12%** said that feeling like they need to respond to messages instantly was a stressor.
- **49%** of 18-24-year-olds felt that comparing themselves to others was a source of stress, which was higher than in any of the older age groups.
- **36%** of women who felt high levels of stress related this to their comfort with their appearance and body image, compared to the 23% of men.
- **32%** of 18-24-year-olds cited housing worries as a source of stress.
- **60%** of 18-24-year-olds and 41% of 25-34-year-olds cited the pressure to succeed as the source of stress.

# Pray!

**This is not necessarily a prayer for deliverance from the trouble, but for the patience and strength to endure it.**





**Luke. 12:29-31** And do not set your heart on what you will eat or drink; do not worry about it. For the pagan world runs after all such things, and your Father knows that you need them. But seek his kingdom, and these things will be given to you as well.

**Philippians 4:6-7** Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.





B. Is Any Among You Cheerful?

**St Augustine** famously says "He who sings prays twice."

**Heb. 13:15** Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name.

Don't forget God when you're happy,  
for He is the reason for your joy.





## II. God Cares About Your Physical Needs

**A. Is Any Sick Among You, call on the elders**

**B. The Prayer of Faith: the lord will raise them up**

**Jesus Christ is the same yesterday,  
today, and tomorrow. If he healed  
two thousand years ago, he will heal  
you today.**





# III. God Cares About Your Spiritual Needs

**A. Confess Your Faults**

**B. Effectual Prayer**

**Our bodies are temporary,  
but our spirits are eternal**





## A. Confess Your Faults

**Matt. 10:28** And do not fear those who kill the body but cannot kill the soul. But rather fear Him who is able to destroy both soul and body in hell.





## **B. Effectual Prayer**

**a. Some people see prayer as a last resort, to be tried when all else fails.**

**b. Our priorities are the reverse of God's. Prayer should come first.**

**So let's pray for one another  
that we may be healed.**





## IV. God Cares About What Matters to You

**A. Elijah Was a Man**

**B. Powerful in Prayer**

**1 Pet. 5:7** casting all your care upon Him,  
for He cares for you.

Prayer works because God cares!





- Why should we pray?
- Why should we pray for one another?
- Why is prayer so powerful?

Because God Cares!

