



# **When Life is Overwhelming**

**2 Chronicles Chapter 20**

**“Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”**

**Ephesians 6:11-12**



# King Jehoshaphat

GOD IS IN CONTROL

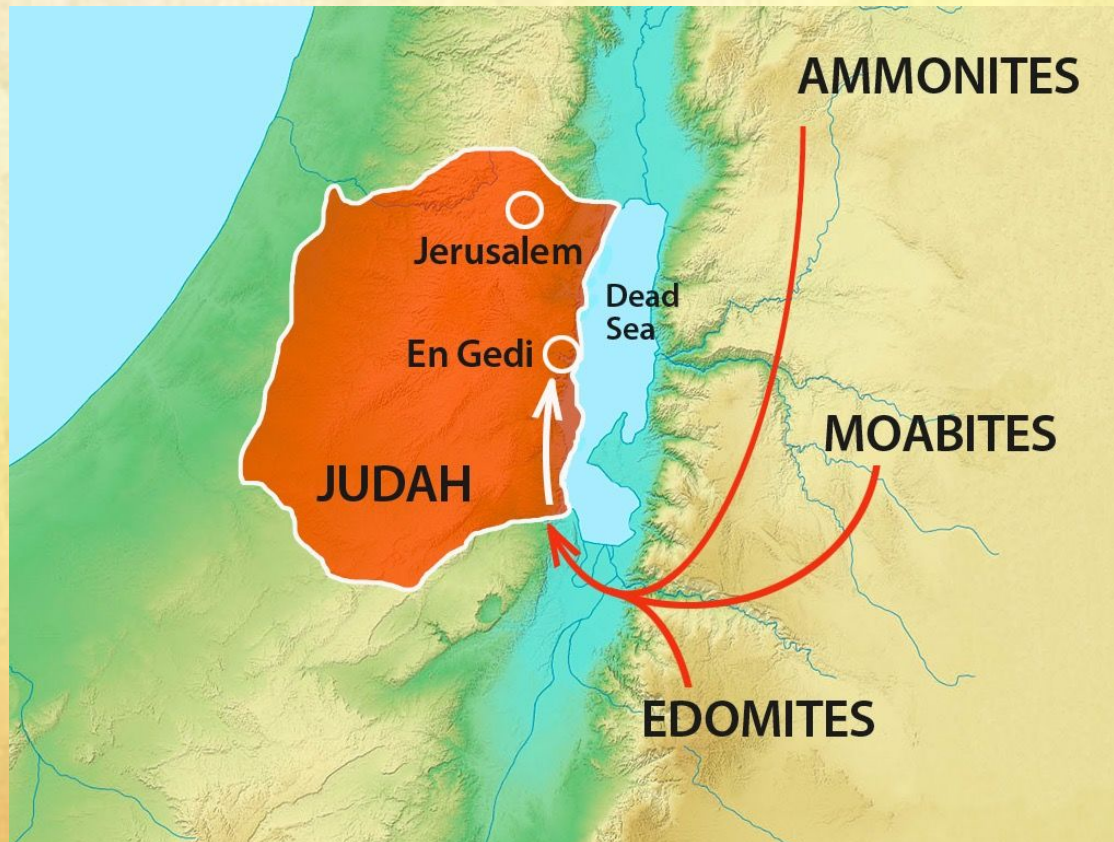


# **1. Identify Your ENEMY**

**After this, the Moabites and Ammonites with some of the Meunites came to wage war against Jehoshaphat. Some people came and told Jehoshaphat, “A vast army is coming against you from Edom, from the other side of the Dead Sea. It is already in Hazezon Tamar” (that is, En Gedi).**



**“Alarmed...” (NIV) or  
“Jehoshaphat was afraid..” (NASB)**



## **2. Don't Be Driven By EMOTION**



**“My dear brothers and sisters,  
take note of this: Everyone should  
be quick to listen, slow to speak  
and slow to become angry,  
because human anger does not  
produce the righteousness that  
God desires.” James 1:19-20**



**“For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.”**

**2 Timothy 1:7**

### **3. Take Your Problems to the LORD**

**“Alarmed, Jehoshaphat resolved  
to inquire of the LORD, and he  
proclaimed a fast for all Judah.”**



## **4. Admit You Need HELP**

**"Our God, will you not judge them?  
For we have no power to face this  
vast army that is attacking us. We  
do not know what to do, but our  
eyes are on you."**

**"God opposes the proud but  
shows favor to the humble."**

**James 4:6**



## **5. Rely On God's POWER**

**Did you notice that after Jehoshaphat admitted, "Lord, I don't know what to do," he added, "but our eyes are on You".**





## **6. Relax In FAITH**

**"Listen, King Jehoshaphat and all who live in Judah and Jerusalem! This is what the LORD says to you: 'Do not be afraid or discouraged because of this vast army. For the battle is not yours, but God's.'**

**“No, you didn’t let Me down, because  
you weren’t holding Me up.”**

**We don’t hold up God –  
He holds us up.**

**Without God’s power  
we have no power at all.**



**"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." John 15:5**

**"So then, just as you received Christ Jesus as Lord, continue to live your lives in him." Colossians 2:6**

**The Christian life is a walk of faith.**



# 7. Thank God In ADVANCE





**Come to God in humble obedience.**  
**Come to Him in awe and in reverence.**

**Know your enemy and  
don't be driven by emotions.**

**Take your problems to the Lord and  
admit you need help.**

**Rely on God's power and  
relax in your faith. Don't stress.**

**Give God thanks and the praise He  
deserves. For the battle is already won.**